

**INVITATION TO FIN5
ORIENTEERING WEEK IN SALLA**



Salla

In the middle of nowhere

5.-10.7.2026

GREETINGS FROM THE COMPETITION DIRECTOR

When Lapin Suunnistus (Lapland Orienteering Association) reached out to us with the opportunity to organize the FIN5 event, we accepted the challenge without hesitation. We saw this as recognition for the hard work our small club has put into orienteering.

The terrains here are both challenging and stunning. Lapland’s nature shows its finest side. If you happen to lose track because of the beautiful scenery—don’t panic. Just take a moment to sit down on the moss, fill your lungs with the world’s purest air, and continue toward the control point.

We approach our work with a twinkle in the eye but take it seriously. Respect for nature is our top value. The competition center will remain in the same location throughout the event and is within walking distance from accommodations, enabling ecological transportation for both competitors and supporters.

Welcome to enjoy the midnight sun in the middle of nowhere!

Asko Viitanen

(P.S. The traditional boundary of stress is the Arctic Circle—so leave your worries behind, except on the course.)





PARTNERS

ORGANIZING PARTNERS:



MAIN PARTNER:



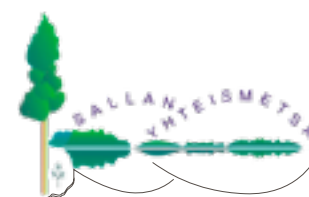
KEY PARTNERS:



PARTNERS:



FRIENDS:



WELCOME TO SALLA, LAPLAND – A DIFFERENT KIND OF ORIENTEERING WEEK IN THE MIDDLE OF NOWHERE

FIN5 SALLA is a five-day orienteering event where everyone, regardless of age and orienteering skills, can get to know orienteering and experience the wilderness of Salla from a new perspective.

The FIN5 orienteering event has been organized in Finland since the 1980s, but only once before has the event been held in Lapland. The competition centre will remain in the same location for the whole week, in the Salla Wilderness Park, which also serves as the Visitor Centre of Salla National Park.

The FIN5 orienteering event will bring together experienced competitive orienteers, fitness orienteers and first-time orienteers in different terrains every day. Two days will be spent orienteering in the national park, the sprint will be run in a reindeer fence and the last day will be spent also in a protected forest area. Many thanks to Finnish Parks and Wildlife for allowing us to organize the race in such a great setting.

The competition centre is accessible by public transport! There is a night train from Helsinki to Kemijärvi (vr.fi) and a bus connection from the train to Salla-Sallatunturi, final stop is at the competition centre. There is also a bus connection from Kuusamo flights to Sallatunturi. Those staying at Sallatunturi area do not need parking, as you can leave your car in the yard of your accommodation and go to the competition centre either by bus, bike or walking. For day visitors there is a parking area available by extra fee at Sallatunturi.

In addition to new orienteering terrain and experiences, the week will feature a wide range of activities. Come and experience the atmosphere of the International Orienteering Event in the middle of nowhere!

For more information and registration www.2026.fin5.fi



COMPETITION CENTER

- Location: Salla Wilderness Park (~3 km from Sallatunturi toward Kuusamo)
- No parking available at the center.
- On-site services:
 - Competition restaurant by Salla Wilderness Park's kitchen
 - Orienteering Shop for last-minute needs
 - Local vendors and service providers
 - Bicycle parking near entrance
 - Muksula: Supervised childcare for pre-schoolers (advance registration required sallashop.visitsalla.fi)

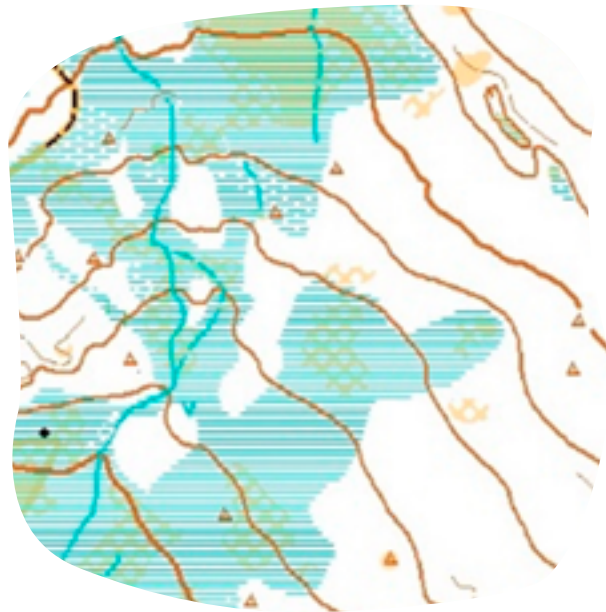


COMPETITION DAYS



July 5 (Day 1) – Long Distance, Salla National Park

Terrain: Mostly pine forest with good visibility; some rocky and mossy spruce areas.



July 6 (Day 2) – Middle Distance, Salla National Park

Terrain: Eastern Lapland style—swamps, spruce forests, and pine ridges. Some detailed and stony areas. Trails intentionally avoided in course planning.



July 7 (Day 3) – Middle Distance

Terrain: Features a winding Hangasoja stream; otherwise, easy to run.



COMPETITION DAYS



July 9 (Day 4) – Forest Sprint

Terrain: Inside an authentic reindeer enclosure. Expect reindeer and confusing tracks.



July 10 (Day 5) – Middle Distance, Protected Area

Pirttivaara: Steep hills, only one path. Observation points at the top—if you have time to stop!



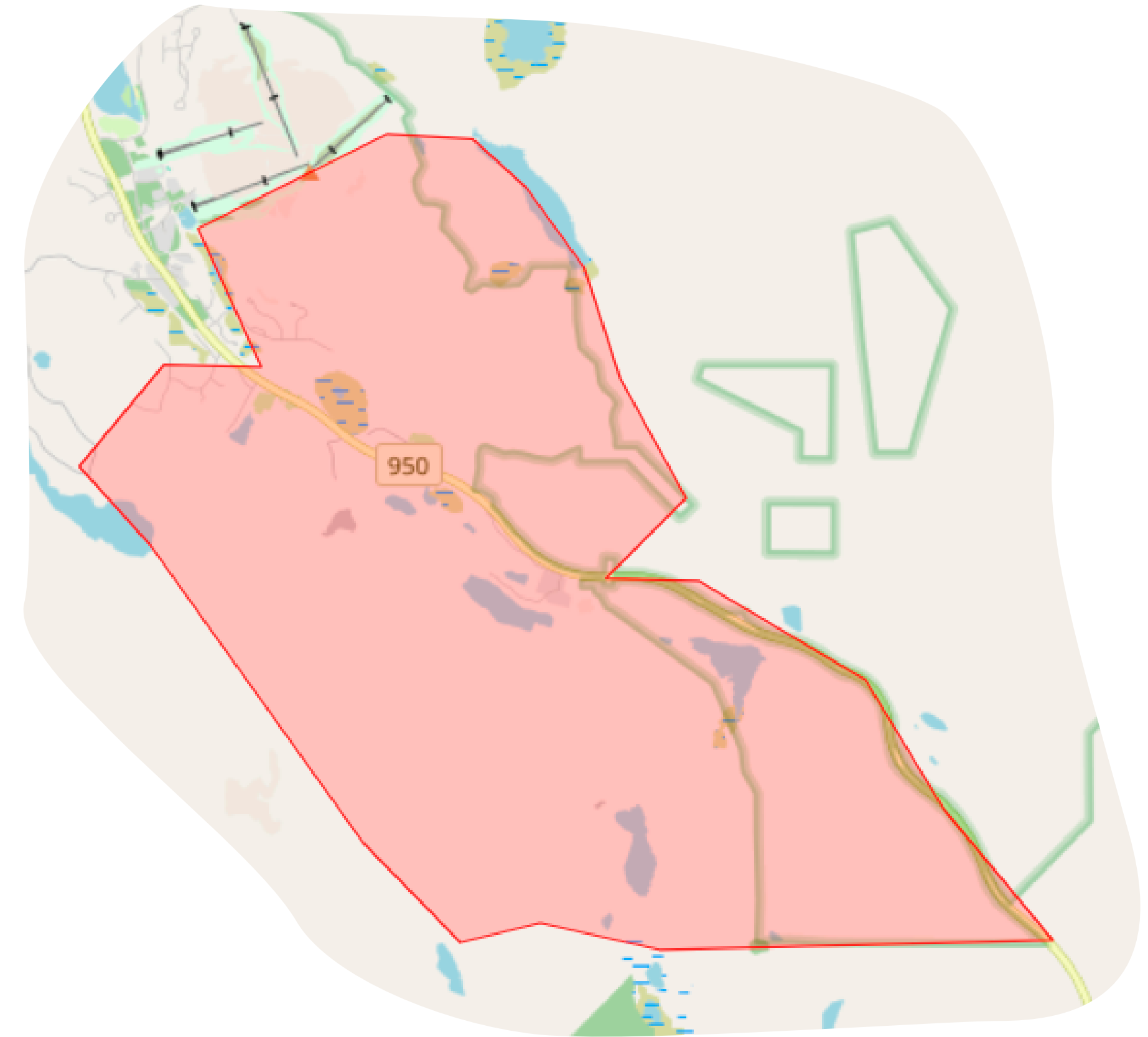
RULES & MAPS

- IOF and Finnish Orienteering Federation rules apply.
- Maps: Mapped by Sallan Karhut / Tatu Hänninen and Routamap Oy / Anssi Koirikivi
- Scales: For competition days 1, 2, 3, and 5: Map scale is 1:7500 for HD45 and older, as well as for RR and TR classes, and Open AL, BL, and C classes.

All other classes use a 1:10 000 scale.

On day 4, the map scale is 1:75000 for all classes.

- All competition areas are under embargo (training forbidden). The embargoed areas are listed in the Finnish Orienteering Federation's map register karttarekisteri.fi.



CLASSES

Competitive classes:

H21E, H20E, H18E, H16E

H21A, H21AL, H35A, H35AL, H40A, H40AL, H45A, H45AL, H50A, H50AL, H55A, H55AL, H60A, H60AL, H65A, H65AL, H70A, H70AL, H75,

H80, H85, H90, H95, H17-20, H16, H14, H13, H12, H12TR, H10, H10RR, H9RR, H8RR
D21E, D20E, D18E, D16E

D21A, D21AL, D35A, D35AL, D40A, D40AL, D45A, D45AL, D50A, D50AL, D55A, D55AL, D60A, D60AL, D65, D70, D75, D80, D85, D90,

D95, D17-20, D16, D14, D13, D12 D12TR, D10, D10RR, D9RR, D8RR

The number of participants in the elite classes may be limited.

All competitive participants require a license.

Open classes

Open classes (A, B, C; short/long) and Family RR available.



PRELIMINARY COURSE LENGTHS

Classes	middle distance	long distance
H21 E	6,0	15,0
D21 E	5,0	12,0
H20 E, H40 A	4,9	8,5
H18 E	4,85	8,5
H16 E	4,25	6,9
D18 E, D20 E	3,9	6,3
D16 E	3,7	5,8
H21 A	5,8	9,9
H21 AL	4,5	7,3
H35 A	5,8	9,9
H45 A	4,8	8,1
H50 A	4,5	7,5
H55 A	4,5	7,0
H60 A	3,9	6,1
H 65 A	3,7	5,6
D21 A, D35 A	4,2	6,7
H35 AL, H40 AL	4,0	6,1
H45 AL, D40A	3,6	5,6
H17-20, D40 AL	3,9	6,3
H16, D21AL, D35 AL	3,0	4,9
D17-20, D40 AL	3,0	4,5
D16, D45 AL	3,0	4,5

Classes	middle distance	long distance
H50 AL, D45 A	3,5	5,4
D50 A, D55 A	3,2	4,7
D50 AL, D21 AL	2,6	3,8
D60 A, D65, D55 AL	2,7	4,0
H60 AL, H55 AL	3,5	4,4
H65 AL	3,0	4,4
H70	3,4	5,2
H75	2,7	4,2
H80, D60 AL, D65, D70, D75	2,4	3,8
H85, H90, H95, D80, D85-95	1,8	2,4
H14, D14	4,1	4,5
H13, D13	3,5	3,9
H12, D12	2,5	3,0
H12 TR, D12 TR	2,5	2,6
H10RR, H9RR, D10RR, D9RR	3,6/1,9	3,6/2,2
H8 RR, D8 RR, Family class	2,5/1,5	25,/1,6
Open A	7,8	8,5
Open AL	4,7	5,0
Open B	5,5	5,9
Open BL	3,7	4,0
Open C	2,5	3,0
Forest Sprint	1,0 - 2,9	



ENTRY FEES

Includes €1.56/day fee for the use of national park infrastructure. Registration opens July 1, 2025, in Irma. Fees increase over time.

Class:	Early bird	Normal	Late	On-site
HD 16E-21E				
week	130€	145€	165€	235€
day	28€	32€	35€	49€
HD 16-95				
week	100€	142€	160€	210€
day	26€	30€	33€	42€
HD 8-14				
week	70€	90€	105€	125€
day	15€	19€	23€	28€

ENTRY FEES – OPEN CLASSES

Open classes:	Early bird	Normal	Late	Super late	On-site
week	75€	90€	95€	100€	
day	16€	19€	21€	23€	30€
Aged 14 and under & Family RR					
week	45€	50€	55€	60€	
day	10€	12€	14€	16€	20€



CHANGES & CANCELLATIONS

- Free changes until June 10, 2026 via Irma.
- After that, changes only by email to saka.suunnistus@gmail.com (€10 fee).
- Cancellation refund:
 - 70% until Feb 28, 2026 (€10 office fee will be charged)
 - 50% until May 31, 2026 (€10 office fee will be charged)
 - No refund after June 31, 2026



EMIT SYSTEM

- EMIT required for all classes.
- EMIT rental: €25/week or €5/day (advance); €30/week or €7/day (onsite).
- Unreturned EMIT card: €90 charge.
- Change of The EMIT number is free of charge until June 10 in IRMA (after that €10 office fee will be charged)



ACCOMMODATION

Multiple options near Sallatunturi:



www.sallaiset.fi
www.panvillage.fi



www.sallatunturi.fi



www.sallawildernesslodges.fi

www.visitsalla.fi



TRANSPORT & PARKING

- No parking at the competition center.
- Parking at Salla Sports Center with shuttle service (~3 km).
 - Car: €40/week, €14/day
 - Camper: €60/week, €20/day
 - Bus: €240/week, €80/day

Shuttle bus passes:

- Adult: €45/week or €8/return ticket/day
- Child (≤14 years): €20/week or €4/day

Buy at: sallashop.visitsalla.fi before JUNE 22.



STARTS & TRAINING

- Starts: 1.0–2.5 km from center.
- Kids' starts nearby.

PRIZES

- The results in the competition classes are determined based on the total time. In the open classes, total times are not calculated.
- The top three overall competitors in the classes will be awarded as follows
 - H/D 21E: 1st €3,000 / 2nd €2,000 / 3rd €1,000
 - H/D16–20E: 1st €300 / 2nd €250 / 3rd €200
- In other competition classes: Top 1-3 competitors will be awarded local product prizes
- Kids and family classes receive participation prizes.



ORGANIZERS

Sallan Karhut – orienteering club

- Competition Director: Asko Viitanen (kilpailunjohtaja@fin5salla.fi)
- Secretary: Tiina Kallio (saka.sihteeri@gmail.com)
- Controller (TA): Finnish Orienteering Federation (SSL)

Contact information:

- Competition Office: Tarja Seppänen – info(at)fin5salla.fi
- Media: Paula Aspholm – media(at)fin5salla.fi

More info: www.2026.fin5.fi

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